

# **THE SOS APPROACH TO FEEDING**

## **Basic 3 Day Training Workshop**

### **OBJECTIVES:**

1. Identify oral, sensory, motor, cognitive and emotional developmental milestones key to feeding.
2. Recognize and describe the major reasons why children won't eat, as based on learning theory principles.
3. Identify physical, behavioral, motor, oral-motor, and sensory factors as a part of a Feeding Assessment.
4. Apply behavioral and social learning principles, and systematic desensitization strategies to feeding problems.
5. Create and implement a S.O.S feeding program for toddlers and young children, in group and individual treatment formats.

### **PRESENTERS:**

#### **Kay A. Toomey, Ph.D.**

(Pediatric Psychologist; President, Toomey & Associates, Inc; Clinical Director, SOS Feeding Solutions at the STAR Center)

#### **Erin Ross, Ph.D., CCC-SLP**

(Neonatal and Pediatric Speech Pathologist; Honorary Research Consultant, University of Queensland, Australia; Assistant Clinical Professor, University of Colorado; Sole Proprietor, Feeding FUNdamentals, LLC.)

#### **Bethany Kortsha, MA, OTR**

(Pediatric Occupational Therapist, Assistant Clinical Director, SOS Feeding Solutions at the STAR Center)

### **STATEMENT OF FINANCIAL AND NON-FINANCIAL RELATIONSHIPS**

Dr. Toomey

- Paid Consultant for Nestle Infant Nutrition (Gerber division);
- Unpaid Medical Board member for the P.O.P.S.I.C.L.E. group

Dr. Ross

- Paid Consultant for Nestle Infant Nutrition (Gerber division);
- Unpaid Medical Board member for the P.O.P.S.I.C.L.E. group